



Monday, April 28, 2008



1. Due to jet lag, rise with the sun and head to **Tsukiji Fish Market**

- a. It's the biggest wholesale fish market in the world, with stand after stand selling just about every water-dwelling creature you've ever heard of—from sea urchin to whale to whole tuna the size of a grown man. The aproned merchants shout orders and whirl around in a fish-selling frenzy, sloshing about on the oily cobblestone paths. It's best to arrive very early—the whole affair shuts down by lunchtime—and to dress casually: Leave your nice shoes and pants back at the hotel.



2. Just outside the main market is an old-style shopping arcade brimming with the things that fill a Japanese kitchen, like knives, lacquer bowls, and tins of dried seaweed. In the arcade you'll recognize **Sushi Zanmai** restaurant by the line snaking out its door

Other breakfast recommendations per Raghu

- a. Very elegant/expensive] (A-kyu gourmet)
 - i. Tsukiji Tamura (Japanese) 2-12-11, Tsukiji, Chuo-ku, Tokyo T/03-3541-2591; around JPY8,400-JPY52,500
 - ii. Tsukiji Jisaku (Japanese) 14-19, Akashi-cho, Chuo-ku Tokyo T/03-3541-2391; around JPY18,900-JPY26,250
 - iii. Tsukiji Uemura (Japanese) 1-13-10, Tsukiji, Chuo-ku, Tokyo T/03-3541-1351; around JPY7,000-JPY20,000
 - iv. Sushi Iwa (Sushi) 2-15-10, Tsukiji, Chuo-ku, Tokyo T/03-3541-5951; around JPY8,400-
 - v. Tsukiji Tama zushi (Sushi) 1-9-4, Tsukiji, Chuo-ku, Tokyo T/03-3541-1917; around JPY5,250-JPY7,350
- b. Typical] (standard)
 - i. Shunmitai Man (Japanese) Arai BLDG. 2-14-1 Tsukiji, Chuo-ku, Tokyo T/3-3248-0203; around JPY3,675-JPY5,000
 - ii. Sushi Sei (Sushi) 4-13-5, Tsukiji, Chuo-ku, Tokyo T/03-3544-1919; around JPY2,500-JPY5,000
 - iii. Edogin (Sushi) 4-5-1, Tsukiji, Chuo-ku, Tokyo T/03-3543-4401; around JPY2,500 - JPY5,000

3. Return to hotel to clean up (if necessary)

4. Take train to Imperial Palace

5. Tour Imperial Palace (10 AM tour – arrive at least 10 minutes prior)

- o To Kikyo-mon Gate
 - From subway Chiyoda Line Nijubashi-mae Station (No. 6 Exit): 5-minute walk
 - From JR Line Tokyo Station (Marunouchi Central Exit): 10-minute walk
- o Tour Info:
 - Receipt at permit number <84130974>
 - Phone number (678-253-1093)
- o Website: <http://sankan.kunaicho.go.jp/english/guide/koukyo.html>

Map of the Imperial Palace Garden

● (- - - - - Tour Course) Approximate time required: 75 minutes.



6.

1 Buildings can be seen during the tour

- | | |
|--|--|
| ① Someikan (Visitors' House) | ⑦ Kyuden Totei Plaza |
| ② The former Privy Council Bldg. | ⑧ Kyuden (Imperial Palace) |
| ③ Fujimi-yagura (Mt. Fuji-view Keep) | ⑨ Seimon-tetsu-bashi Bridge (Niju-Bashi) |
| ④ Hasuikebori (Lotus Moat) | ⑩ Fushimi-yagura Keep |
| ⑤ Fujimitamon Defence-house | ⑪ Yamashita-dori Street |
| ⑥ Kunaicho Chosha (Imperial Household Bldg.) | |

2 Buildings in the East Gardens

- | | |
|--|--|
| ① Site of Tenshukaku Donjon | ⑦ Prefectural Tree Emblems |
| ② Tokagakudo Concert Hall | ⑧ Suwano-chaya Tea House |
| ③ Gakubu (Music Department) | ⑨ Doshin-bansho Guardhouse |
| ④ Shoryobu
(Archives and Mausolea Department) | ⑩ Hyakunin-bansho Guardhouse |
| ⑤ Bairin-zaka Slope | ⑪ O-bansho Guardhouse |
| ⑥ Shiomi-zaka Slope | ⑫ Site of Matsuno-o-roka Corridor |
| | ⑬ Sannomaru Shozokan
(Museum of the Imperial Collections) |



Monday, April 28, 2008 (continued)



7. Imperial Palace

- The current Imperial Palace (Kokyo) is located on the former site of [Edo Castle](#), a large park area surrounded by moats and massive stone walls in the center of [Tokyo](#), a short walk from [Tokyo station](#). It is the residence of Japan's [Imperial Family](#).
- [Edo Castle](#) used to be the seat of the [Tokugawa shogun](#) who ruled Japan [from 1603 until 1867](#). In [1868](#), the shogunate was overthrown, and the country's capital and Imperial Residence were moved from [Kyoto](#) to [Tokyo](#). In 1888 construction of a new Imperial Palace was completed. The palace was once destroyed during [World War Two](#), and rebuilt in the same style, afterwards.
- From Kokyo Gaien, the large plaza in front of the Imperial Palace, visitors can view the Nijubashi, two bridges that form an entrance to the inner palace grounds. The stone bridge in front is called Meganebashi (Eyeglass Bridge) for its looks. The bridge in the back was formerly a wooden bridge with two levels, from which the name Nijubashi (Double Bridge) is derived.



- The palace buildings and inner gardens are not open to the public. Only on January 2 (New Year's Greeting) and December 23 ([Emperor's Birthday](#)), visitors are able to enter the inner palace grounds and see the members of the [Imperial Family](#), who make several public appearances on a balcony.
- During the rest of the year, guided tours of the palace are offered in Japanese, with an English pamphlet and audio guide provided. Tours must be reserved in advance at the Imperial Household Agency. Reservations over the internet are possible (see links below).

- The [Imperial Palace East Gardens](#) are open to the public throughout the year except on Mondays, Fridays and special occasions. (note: East Gardens are closed 4/28 and 4/29)



8. Train to Harajuku

9. Find a place for lunch

- 11. Pass Takeshita-dori and head to the big intersection, taking a left onto Omotesando, a road that's been called Tokyo's Champs-Élysées. The giant pagodalike structure is the Oriental Bazaar, a good stop for souvenir hunters. As you amble toward it, poke through chichi boutiques and designer shops like Hanae Mori and Issey Miyake, ogling the price tags and the impeccably dressed staff: Omotesando is a catwalk for Tokyo's fashion plates.



12. Train to hotel

13. Train / Cab to Park Hyatt Tokyo



14. Park Hyatt Tokyo
 3-7-1-2 Nishi Shinjuku
 Tokyo
 163-1055
 Japan
 Tel: +81 3 5322 1234



Monday, April 28, 2008 (continued)



15. Train / Cab to **Gonpachi**

- a. 14F., E.Space Tower
3-6, Maruyama-cho Shibuya-ku, Tokyo 150-0044
- b. Phone: 03-5784-3772
- c. A popular new restaurant. Inside, it resembles the set of a samurai movie; appropriately, the food is old-fashioned Japanese home cooking (with English menus). The *toro* tuna, chicken wings, and *maitake* mushrooms arrive grilled on skewers, the tofu and soba are made on the premises, and all are served on thick, earthenware plates.
- d. <http://www.sushi.gonpachi.jp/en/shibuya/home/location>



16. Return to hotel to sleep

